# IMPACT OF JANANI SURAKSHA YOJANA ON INSTITUTIONAL DELIVERY AND INFANT MORTALITY RATE IN KARANATAKA

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#### **Abstract**

The Government of India launched the National Rural Health Mission (NRHM) mainly to strengthen health services in the rural areas. It seeks to provide effective health care to the rural population by improving access, enabling community ownership, strengthening public health systems, enhancing accountability and promoting decentralization (Ministry of Health & Family Welfare 2005). Under the NRHM, there is a specific scheme, the Janani Suraksha Yojana (JSY), which was introduced in April 2005. The main objective of JSY scheme is reducing Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR) by encouraging institutional deliveries, particularly in Below Poverty Line families. The paper intends to study the impact of Janani Suraksha Yojana on institutional delivery and Infant Mortality rate. The results show that before implementation of JSY the rate of institutional delivery was less and IMR was high. But after the implementation of JSY the number of institutional deliveries has increased and infant mortality rate has reduced significantly. Finally, it can be concluded that NRHM launched by Government of India holds great hopes and promises to serve the deprived undeserved communities of rural areas. If Government improves the awareness on Janani Suraksha Yojana then there is no doubt that Karnataka can increase its institutional delivery and reduce infant mortality rate.

Keywords: Institutional Delivery, Infant Mortality Rate, Janani Suraksha Yojana and Karnataka.

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#### Introduction

Every pregnant woman hopes for a healthy baby and an uncomplicated pregnancy. However, every day about 1500 women and adolescent girls die from problem related to pregnancy and childbirth. Every year, some 10 million women and adolescent girls experience complications during pregnancy, many of which leave them their children with infections and several disabilities (G.R Jayashree).

Pregnant women die in India due to a combination of important factors like, poverty, ineffective or unaffordable health services, lack of political, managerial and administrative will. All this culminates in a high proportion of home deliveries by unskilled relatives and delays in seeking care and this in turn adds to the Maternal Mortality Ratios. The institutional delivery plays major role in reducing MMR and IMR. In India, while 77 percent of pregnant women receive some form of antenatal check-up, only 41 percent deliver in an institution. Even though all services are free only 13 percent of the lowest income quintile delivers in a hospital.

As per sample registration system 2005, IMR in India was 58 and institutional delivery was 38.7 whereas in Karnataka IMR was 50 per 1000 live births and institutional delivery was 60 percent (SRS 2001-2003 and NRHM Implementation Plan 2011-12).

In developing countries like India, the health care services are not equally distributed. The organizational structure requires a concern particularly with the maternal health. The Government of India has been implementing various programmes from time to time tackle these issues. It launched the Reproductive and Child Health (RCH) programme in 1997, which aimed at universalising immunization, ante-natal care and skilled attendance during delivery. Reduction of maternal mortality was an important goal of RCH-II that was launched in 2005. One of the main interventions was to provide emergency obstetric care at the first referral unit. Incentives were also given to staff to encourage round the clock obstetric services at health facilities (Ministry of Health & Family Welfare 2008).

Later in 2005, the Government of India launched the National Rural Health Mission (NRHM) mainly to strengthen health services in the rural areas. It seeks to provide effective health care to the rural population by improving access, enabling community ownership, strengthening public health systems, enhancing accountability and promoting decentralization (Ministry of Health & Family Welfare, 2005). Under the NRHM, there is a specific scheme - the Janani Suraksha Yojana (JSY), which was introduced in April 2005. The main objectives of JSY

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scheme were reducing Maternal Mortality Rate (MMR) and Infant Mortality Rate (IMR) by encouraging institutional deliveries, particularly in Below Poverty Line families. Under this scheme cash incentives are given to women who opt for institutional deliveries and also to the local health functionary ASHA (Accredited Social Health Activists) who motivates the family for institutional delivery and helps them in obtaining ante-natal and post-natal services. As of today, the Janani Suraksha Yojana (JSY) is a largest conditional cash transfer programme in the world, with the number of beneficiaries increasing from a mere 7 lakh in 2005-06 to almost 92 lakh in 2009-10.

#### **Review of Literature**

- "A Rapid Appraisal on Functioning of Janani Suraksha Yojana in South Orissa" undertaken by Nandan (2008) reviewed the operational mechanism and usage status of JSY Scheme, reasons for non usage, perception and awareness of beneficiary and non beneficiary mothers and the involvement of ASHAs, ANMs along with district and block officers in the implementation of JSY.
- The study on "Advantages as Perceived by the Beneficiaries of Janani Suraksha Yojana (JSY) in Bikaner District" by Kumari (2009) revealed that some essential advantages perceived by the beneficiaries of JSY were safe delivery at PHCs and CHCs, helpful in population control, payment of Rs. 1400 to the mother (in rural areas) after delivery, full protection after delivery etc. Whereas, last but not least advantages expressed by the beneficiaries were testing of salt sample for protection from Gulgund, availability of water, bed and electricity etc. at PHCs.
- The study on" Impact of Janani Suraksha Yojana on Selected Family Health Behaviors in Rural Uttarpradesh" by Khan et.al (2010) informs that Janani SurakshaYojana is a monetary incentives and non-incentivized services and counseling by the ASHA have increased Client-provider contact, the percentage of women receiving three ANC checkups. This study briefly explores extent to which the JSY has succeeded in achieving its goal or promoting positive family health behaviors that have a significant bearing on maternal and neonatal mortality.

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- Ambrish (2010) in his study "Effect of Mortality Incentives on Institutional Deliveries: Evidence the Janani Suraksha Yojana in India" observed that the scheme has been in operation only for 5 years and the sample covers only the first three of these years. Hence, the paper captures only the short-run impact of the scheme. The short-term result indicates the JSY is indeed making a difference. Even though the JSY seems to have a positive impact on the institutional deliveries, its impact on maternal and neo-natal mortality is minimum.
- Mutharayappa (2010) revealed that institutional deliveries have increased, along with knowledge of family planning methods and utilization of government health services. These are encouraging sign. Promoting of institutional deliveries need to be sustained in order to reduce pre natal and neo- natal mortality rates.
- The study on" Missed Opportunities of Janani Suraksha Yojana Benefits among the Beneficiaries in Slum Areas" by Wadgave et.al (2011) mainly focused on main reasons of missed opportunities of JSY benefits among the beneficiaries. Out of 3212 women 360 (11.20) were eligible for getting the benefits of Janani Suraksha Yojana. Among the 360 only 118 (32.78) women got the benefit of JSY while, 242 (62.22) missed the opportunity of getting JSY benefits due to lack of JSY information, difficulty in getting the documents fulfilled and not filling the form at proper time were three common reasons in not getting the benefit of JSY. The percentage of beneficiaries was more in receiving ANC care delivery done in Government hospitals.
- Dilip et.al (2012) in their study "Low Coverage of Janani Suraksha Yojana among Mothers in 24-Parganas (South) of West Bengal in 2009" reported that inadequacy of fund and delayed payments of financial benefits lead to low coverage of JSY. Institutional delivery has increased with decreasing in Infant Mortality Rate after implementation of JSY.

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### **Objectives of the Study**

The present study has the following objectives:

- To Study the impact of JSY on institutional delivery rate in Karnataka.
- To Study the impact of JSY on infant mortality rate in Karnataka.

#### Hypotheses of the Study

The following hypotheses have been tested

- Janani Suraksha Yojana has significantly increased the number of institutional deliveries and reduced the infant mortality rate in Karnataka.
- There is significant relationship between Institutional deliveries and IMR rate in Karnataka.

#### **Methodology**

Keeping the objectives in the mind, the present study employs various statistical and econometrics tools like table, graph, Paired t test and Correlation co-efficient.

#### Sources of data

The secondary data is collected from Ministry of Health and Family Welfare Statistical Report, RCH Second Implementation Plan, NRHM Operational Guideline, NRHM Annual Reports, Karnataka State Report on NRHM 2005, Karnataka Human Development Reports 2005, SRS Bulletin, WHO Reports, Five Year Plan Documents, Word Bank Reports and Census Reports.

#### **Results and Discussion**

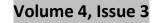
Table.1: Institutional Delivery rate In Karnataka From 2001-2013

Indicator			
Year	Institutional delivery		
Before Implementation of JSY			

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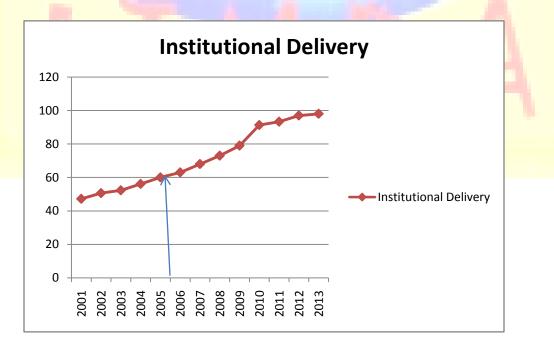


2001	47.2
2002	50.6
2003	52.3
2004	56.1
2005	60
After Impleme	entation of JSY
2006	63
2007	68
2008	73
2009	79
2010	91.3
2011	93.3
2012	97
2013	98.2

Source: NRHM Programme Implementation Plan for 2010-2011 Vidhana Soudha

http://stg2.kar.nic.in/healthnew/nrhm/PDF/PIP%20 2010-11.pdf

2011, 2012 and 2013 data get from National Health family and Welfare department, Bangalore.



#### Chart.1: Institutional Delivery rate In Karnataka From 2001-2013

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From the table and chart [Table.1 Chart 1], it is clear that Institutional Delivery Rate in Karnataka from 2001 to 2010. Before implementation of JSY, institutional delivery rate was 60 percent in 2005 but after implementation of JSY which increased 63 percent to 98.2 percent in 2006 to 2013.

#### Table.2: Paired Sample T Test on Institutional Delivery Rate in Karnataka

Indicators	Statistical Value	Before JSY	After JSY	Decreasing Mean	Correlation	T-Value	Sig
Institutional Delivery	Mean	53.24	74.86	-21.62000	0.989	-7.951	.001

On the basis of analysis conducted by using paired sample T test, there is a significant difference in the number of institutional deliveries. Further, it pointed out that after implementation of JSY scheme a significant increase was observed in institutional delivery rate in Karnataka.

#### Table.3: Infant Mortality Rate in Karnataka from 2001-2012

Indicator				
Year		IMR		
	Before Im	plementation of JSY		
6.1	2001	58		
v	2002	55		
	2003	52		
	2004	49		
	2005	50		
	After Imp	plementation of JSY		
	2006	48		
2007		47		
2008		45		
2009		41		

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2010	38
2011	35
2012	32

Source: SRS Bultain 2012 and Databook for DCH; 10th March, 2014 IMR (\*2011, 2012) Note: Infant Mortality Rate (IMR)

#### Chart.2: Infant Mortality Rate in Karnataka from 2001-2012



From the table and chart [Table.3 chart.2], it is clear that Infant Mortality Rate in Karnataka from 2001 to 2012. The infant mortality rate of Karnataka was 58 per 1000 live birth as per the censuses in 2001, out of which 69 percent were rural areas and 27 percent were urban areas. Keeping pace with the national average, Karnataka recorded a sharp decline in the infant mortality rate from 50 percent in 2005 to 32 percent in 2012. It means before implementation of JSY infant mortality rate was high and after implementation of JSY infant mortality rate has declined significantly.

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#### Table .4: Paired Sample T Test on Infant Mortality Rate in Karnataka

Indicators	Statistical Value	Before JSY	After JSY	Decreasing Mean	Correlation	T-Value	Sig
IMR	Mean	52.80	43.80	9.00	.880	10.06	.001

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On the basis of analysis conducted by using paired sample T test, it indicates that the IMR rate was 52.80 percent before implementation of JSY and it has decreased to 43.80 percent after implementation of JSY. Overall, the decreased rate of IMR was 9.00. The t statistic is significant at 1% (df: 5, t: 10.06, sig.0.001) level. Hence the null-hypothesis of no difference is rejected and alternative hypothesis of significant difference is accepted.

#### Correlations IMR Institutional Deliveries Pearson Correlation -.984 1 Institutional Sig. (2-tailed) .000 Deliveries Ν 10 10 **Pearson Correlation** -.984 1 IMR Sig. (2-tailed) .000 Ν 10 12

#### Table.5: Correlation between Institutional Delivers and IMR

\*\*. Correlation is significant at the 0.01 level (2-tailed).

Significant negative correlation has observed between Institutional Deliveries and Infant Mortality Rate. Where the correlation of -.984 was found to be significant at .001 level. In other words with an increase in the Institutional Delivery the IMR rates have been reduced.

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# **Findings of the Study**

- Before implementation of Janani Suraksha Yojana institutional delivery rate was less and IMR rate was high.
- After implementation of Janani Suraksha Yojana has helped to increase the rate of institutional delivery and reduce the rate of infant mortality significantly.
- Significant negative correlation has observed between Institutional Deliveries and Infant Mortality Rate. In other words with an increase in the Institutional Delivery and the IMR rates have been reduced.

### Conclusion

The result of the formative study clearly indicates that Janani Suraksha Yojana has increased the institutional deliveries in India and Karnataka. It found that institutional deliveries have increased and IMR has been reduced after implementation of JSY. Does, it can be conclude that if Government improves the awareness on Janani Suraksha Yojana then there is no doubt that Karnataka can increase its institutional delivery and reduce infant mortality rate.

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